

ALTON PARKS AND RECREATION PRESENTS:

SUMMER 2021

BROCHURE



603-875-0109 ▪ [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov) ▪ [www.alton.nh.gov](http://www.alton.nh.gov)



Summer Concert Series ☀️ Lego Building  
Mini Putt League ☀️ Community Cookbook  
Beach Yoga ☀️ Line Dancing ☀️ Sunset Hike  
Mt. Major All Star ☀️ Tyke Hike ☀️ Unplug Day  
Old Home Week Virtual 5K ☀️ Kindness Rocks!  
Wicked Cool for Kids Virtual Camp ☀️ Pickleball  
Kayak Paddle Trips ☀️ Geocaching ☀️ Creative Corner

**Water Bandstand  
Committee Presents:**

Water Ski Show – Aug 21

Water Bandstand Concerts – July 9 + Aug 20



**Old Home Week  
Committee Presents:**

Lots of fun events including the Block Party! Old Home Week booklet with detailed events will be available in July.



# ADULT ACTIVITIES AND CLASSES

## Adult Pickleball: (Ages 18+) 6/1 – 10/29 (see below for available court times)

Liberty Tree Park Tennis/Pickleball Courts: (Free)

Pickleball is a paddle sport that combines tennis, ping pong and badminton. Benefits of playing include improved coordination, balance, muscle strength and endurance. This outdoor program will be ongoing through the fall, weather permitting. To register to play, please use the **Pickleball Information and Registration link** at [www.altonparksandrecreation.com](http://www.altonparksandrecreation.com).

Reserved Court Time: Sunday – Friday, 8am – 11am.

Courts are reserved for Pickleball activities. Non-organized play participants need to supply their own equipment. Those who have their own nets can use the basketball courts that are lined for Pickleball.

Organized Play for Experienced Players: Mondays, Wednesdays, Fridays and Sundays, 8am – 11am.

Sign up and join Alton's PB community with organized doubles and mixed doubles games, use registration link.



## Yoga Class: Thursdays, 6/10 – 8/26, 6:30pm-7:30pm (\$10 drop in fee)

Join us for yoga class at the Alton Community Center. Creative Flow – An all levels flow for everybody incorporating standing postures-balance and core postures. Also, we will explore some moon salutations once a month. A nice relaxing ending to rejuvenate and leave class with a sense of calm. More information call or text Sheila 603-978-5084, or the Alton Parks and Recreation Department.

## Yoga on the Beach - Flow to Yin: Sundays, 7/4-8/29, 9:00am-10:00am (\$10 per class)

Join us on Sunday mornings at Railroad Square Park for an all levels flow to yin yoga! The flows will change a little each week – focus will vary on hip openers – arm strengtheners – chest openers and balance. Each class will end with 2 yin postures and a relaxing savassana. Bring a mat and water. We have bolsters and blocks available. It's a beautiful way to start a Sunday morning practicing on our special lake. For more information contact Sheila Marston 603-978-5084. (No class 7/11 & 8/15)



## Sunset Hike & Yoga Flow on Pine Mountain: 7/25 & 8/29

Join us for a free short hike up Pine Mt. at Sunset. Short 30 min yoga flow at the top. All levels welcome. Contact Parks and Recreation for the time, or call Sheila 603-978-5084.



## Summer Kayak Paddle Trip: 7/9 and 8/5, 10:00am

Guided paddle trips down the Merrymeeting River are free, and are geared toward participants who have paddled before. Participants need to provide their own equipment. Check out the wildlife habitats, animals, and beautiful scenery of the Merrymeeting River. Paddle trips are approximately 90 minutes each. **Meet at Johnson's, Rte. 11.** Space is limited.

7/9: Register by 7/6

8/5: Register by 8/2



## Line Dancing: Thursdays, 6/10-8/26, 1:30pm-2:30pm

Alton Bay Community Center – (\$3 for summer season) Line dancing is great exercise and a lot of fun in our air-conditioned building! Learn new dances every week. All abilities are welcome.



# ACTIVITIES AND CLASSES FOR KIDS

## **Wicked Cool for Kids Virtual Camp: 7/12 – 7/16**

These camps are being offered through Wicked Cool for Kids, a science-based organization that delivers fun, hands-on customized enrichment programs for kids. Visit [www.wickedcoolforkids.com](http://www.wickedcoolforkids.com) for more information on these wicked cool programs. \$185 per child or a total of \$300 if registering for both Wicked Cool programs. *Computer and internet access is required for both programs.*

### **Wow! Science: Monday-Friday, 10:00am – 12:15pm (Register by 6/28 to determine minimum enrollment numbers)**

What's so wow about our all new science week? Have fun with a science scramble of totally random experiments, models and science adventures. Start with cartoon character science to explore Pokémon physics and explore geology with Steven Universe. Next, delve into the chemistry of candy using chromatography and make a jar that glows like fireflies. We'll grow seeds on a sponge tower and build a working monocular to explore the tiny worlds around us. *Supplies will be sent out one week prior to start of program.*

### **Animation Studio: Monday-Friday, 2:00pm – 4:15pm (Register by 7/9 to determine minimum enrollment numbers)**

Create animated cartoons just like the pros. Learn the basics of animation as you draw your own characters and bring them to life with code. Use visual programming to control the speed and type of animation as you add animals, dragons, monsters, and avatars into your coding projects. Create a portfolio of fun projects including original animated games, cartoon strips, music videos, and interactive worlds to share with friends and family. No prior programming experience required.



## **Tyke Hike: Thursdays, 7/1, 7/22, 8/12, 10:00am-11:00am**

Calling all mini explorers! Let's have some fun walking local trails. During our walk, we will use surrounding nature for activities and games. This free program is for children ages 3-5 years, accompanied by an adult. Weather permitting.

**7/1:** Levey Park (Register by 6/28)    **7/22:** B&M Park (Register by 7/19)    **8/12:** Jones Field (Register by 8/9)



## **Creative Corner: Wednesdays, 8/4 – 8/25**

Every Wednesday, follow along to a new craft tutorial posted on our social media pages!

8/4: Lava Lamp – Materials needed: Cooking oil, Water, Empty jar/bottle, Food coloring, Alka-Seltzer tablets, Spoon.

8/11: Door Decoration – Materials needed: Small cookie sheet, Construction paper, Hot glue gun, Stickers, Markers, Magnets

8/18: Crayon Art – Paper, Crayons, Parchment paper, Iron, Pencil, Scissors, Pencil sharpener.

8/25: Origami – Dollar bills, Paper, Scissors.



## **Lego Building: Tuesdays, 7/6 – 7/27**

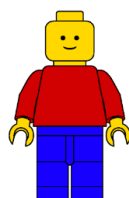
Have some spare Legos laying around? Let's put them to use! Each week during the month of July we are going to challenge you to build you best Lego creation. We will give you the inspiration, and let your imagination do the rest! Send a picture of your creation to [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov), and we will share your masterpiece on our social media pages to inspire others.. Happy building!

7/6: Build a supportive bridge!

7/13: Build any animal you want!

7/20: Build a race car!

7/27: Build your dream house!



# FAMILY ACTIVITIES AND EVENTS

## Alton Bay Summer Concert Series: Saturdays, 6/26 – 8/28

Bring a chair and enjoy music by the lake at the Alton Bay Bandstand 7:00pm – 9:00pm. In the event of inclement weather, decisions to cancel will be announced by 2:00pm on the Parks and Recreation Facebook Page or 875-0109. *\*Please note different times.*

**\*June 26** – 39<sup>th</sup> Army Band – Country Rock, Patriotic & Brass (7:00pm-8:30pm)

**July 3** – “Thursday Afternoon” Band – Classic and Modern Rock

**July 10** – The Visitors Band – Oldies, Classic Rock, Country Rock

**July 17** – EZ Band – Classics and those destined to be

**July 24** – Saxx Roxx – Classic Rock with Brass

**July 31** – East Bay Jazz Ensemble – Elegant Swing, Jazz and Blues

**August 7** – John Irish Duo – Country, Acoustic Rock and Oldies

**August 14** – Chippy and the Ya Yas – Cover Rock Band, 60s to Now – Fireworks to Follow.

**\*August 15** – Blacklite Band – Classic Rock (Sunday, 4:00pm-6:00pm)

**August 21** – Bittersweet – Classic Rock

**August 28** – Chris Bonoli – Soft Rock, Country & Classic, Electric Blues



## Mini-Putt League: 7/12 – 8/15

It's time for the 2<sup>nd</sup> Annual Alton Mini Golf League! Sign up today for this 5-week program. \$25 per person. There will be two age groups to choose from. Group 1: Ages 6-14 (Pair with other child or Adult). Group 2: Ages 15+. Teams of two will play one round each week, and will post their total cumulative score. After 5 weeks, the Teams with the lowest total cumulative score will be crowned the Alton / WinniPutt Mini Golf Champions! Prizes will be awarded for the top finishers in each bracket. All abilities and people are welcome to participate. Register by 7/5.



## Alton Old Home Week Around the World 5K: 8/1 – 8/15

This summer we are hosting another Virtual 5K, but with a twist. Introducing the “Alton Old Home Week Around the World Virtual 5K” For the first time ever, the annual 5K is not limited to the official USATF Certified course in Alton, NH. Anyone from around the world can participate in the race. Encourage your friends and family to participate, and let’s see how much of the globe we can fill! There are certificates, raffles, and prizes to be won. \$15 registration cost includes eligibility for raffles, prizes, and long sleeve shirt. To be guaranteed a shirt, pre-register by 8/1, otherwise limited availability. Option to upgrade to long sleeve poly-tech for an additional \$5. Continental shipping is available for a \$3 fee. Shirts will be ready for pickup/delivery the week of August 16<sup>th</sup>

**Registration Link:** <https://runsignup.com/Race/NH/AltonBay/OldHomeWeekVirtual5k>

For more details / information visit [www.alton.nh.gov](http://www.alton.nh.gov) for 5k Brochure.



# MORE FUN ACTIVITIES!

## Mt. Major All Star: 5/1 – 8/31

You may have hiked Mt. Major in the past, but have you hiked all three trails leading to the top? Hike all three moderate trails by the end of the summer to be declared a Mt. Major All Star! When finished, send us your completed log, along with a picture from each trail to [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov) for a prize!

Mt. Major Trail – 3.0 miles – Blue Blazes

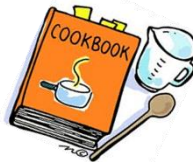
Boulder Loop Trail – 3.2 miles – Orange Blazes

Brook Trail – 3.4 miles – Yellow Blazes



## Community Cookbook: 7/1 – 8/31

Proud of something you make? Looking for something new? Let's come together and create an Alton Community Cookbook! Send us your favorite recipe to be included in the Cookbook. Pictures are encouraged, as well as a story around your recipe. At the end of the summer, find it posted on our website.



## Kindness Rocks! 7/1 – 7/31

For the month of July, help us spread kindness and smiles throughout our community. Paint rocks with happy pictures or messages on them, and hide them around Alton. Others who find rocks can choose to hide them in a different spot, or take them home. Send photos of your hidings/findings to [parksrec-asst@alton.nh.gov](mailto:parksrec-asst@alton.nh.gov). Photos will be posted on the Alton Parks and Recreation Facebook page.



## Unplug Day! 8/8

Take the challenge and go the whole day without using a device. Get outside! Clean! Cook! Craft! Read! Whatever you always want to do, but are usually too distracted to enjoy.



## Geocaching:

Geocaching is an entertaining adventure game for GPS users. Check out [www.geocaching.com](http://www.geocaching.com) for information on how to get started and to learn more detailed rules about these exciting outdoor adventures, as well as waypoints for Alton Parks and Recreation caches.



## Trail Information:

Take the trails less traveled. Alton has many trails and walking paths to offer. For more information on these locations visit our website or pick up copies of maps located at the kiosk at the Parks and Recreation Office.

Cotton-Hurd Brook

Pine Mountain Trask Swamp Preserve

Knights Pond Trail

Quannippi Trail

Gilman Pond Conservation Area

Mt. Major

Mike Burke Trail

John Racine Trail





# EVENTS AROUND TOWN

## Water Bandstand Concerts: 7/9 & 8/20, 6:00pm-8:00pm

Come out and enjoy music with a view! The Water Bandstand Committee is sponsoring two concerts this summer. Choose to view by boat or land!

**July 9** – Key Elements

**August 20** – “Thursday Afternoon” Band



## Water Ski Show: 8/21, 3:00pm

Sponsored by Alton Bay Water Bandstand Committee. Watch from Railroad Square Park in Alton Bay. Rain date is 8/22, 3:00pm.



## Alton Bay Fireworks: 8/14, 9:00pm

Fireworks will be launched off the barge in Alton Bay. Bring a chair and grab a spot on the lawn or come by boat for this spectacular event. Rain date will be 8/15 at 9:00pm.



## Old Home Days: 8/13 – 8/22

Alton and Alton Bay ~ Celebrate Alton's Old Home Week! Block party, silent movie, car show, and more! A detailed Old Home Week Booklet will be available in July at the Parks and Recreation office, Town Hall, and local area businesses.



## Senior Activities:

A variety of programs, classes and activities are offered at the Pearson Road Community (Senior) Center. Center hours are Monday-Friday from 8:00am-1:30pm. Call 875-7102 for more information on current offerings.



# TOWN FACILITY RENTALS

Do you need space for an upcoming family function? Does your business or non-profit organization need a location to hold a meeting? The Town of Alton has two community centers available for rent for your event. **Alton Bay Community Center** and **Pearson Road Community Center (Senior Center)**. Each location has a kitchen and restrooms, along with tables and chairs. Users are required to clean up after the rental, leaving the facility in the same condition it was found.

- **Alton Bay Community Center, 58 Mt. Major Hwy (Route 11), Alton Bay**
  - This renovated historic building along the water's edge is available for rental seven days per week from 9:00am-11:30pm. Use is restricted to the interior structure of the building and the covered porch.
- **Pearson Road Community Center (Senior Center), 7 Pearson Road (off Old Wolfeboro Rd), Alton**
  - This facility is available for rental on weekdays from 5:30pm-11:30pm and on weekends from 9:00am-11:30pm.

**Rental fees for both locations:** (Please note fees are subject to change)

- Private Party (Family Function) - \$45 with the use of the kitchen or \$35 without the use of the kitchen
- Commercial (Business) Use - \$60 with the use of the kitchen or \$50 without the use of the kitchen
- Non-Profit Organization - \$5 (includes use of the kitchen)

The Town also requires a \$50 security deposit, refundable upon satisfactory inspection of the premises after your use.

The Town requires a Certificate of Insurance in the amount of at least \$500,000 in general liability insurance, naming the Town of Alton as additional insured. This may be issued as a rider to the applicant's homeowner's policy, or may be purchased elsewhere as a separate policy, specifically for the date of the function only.

Please call 875-0109 for reservation availability and an application form.



# ALTON PARKS AND FACILITIES

The Town of Alton is abound with opportunities to experience its beauty and expansiveness every season of the year. Surrounded by lakes and mountains, Alton's ideal location offers residents and visitors many choices for recreation, relaxation and social gatherings. Below is a list of parks and facilities for enjoyment and leisure time. Town-owned park facilities are available for public use and events.



- Alton Bay Community Center – Located at 58 Mt Major Hwy (Rte 11) ~ Renovated historic building built in the 1800's; originally used as a transportation center for the railroad.



- Railroad Square Park – Located adjacent to the Alton Bay Community Center ~ Waterfront park, swim dock, seasonal lifeguard, benches, picnic tables, seasonal drinking fountain, boat launch ramp, boat docks.
- Land Bandstand – Located in Railroad Square Park ~ Summer concerts and town events.
- Alton Town Beach – Located on East Side Drive (Rte 28A) ~ Raised beach, covered picnic area, swimming, seasonal lifeguard, benches, seasonal restrooms.

- Harmony Park – Located adjacent to Alton Town Beach ~ Dedicated to the Norwich, CT chapter of the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America. Covered picnic table area, fishing, bench.

- Levey Park – Located on the west side of Rte 11, ¼ mile south of Rte 11 & 28A intersection ~ Ten-acre woodland, two miles of connected trails, picnic area, hiking, scenic view, bird watching, cross-country skiing, snowshoeing, seasonal water spigot, access to Merrymeeting River.



- Jones Field – Located on Letter S Rd ~ Home of "Little Fenway"; baseball fields, softball field, playground, swings, picnic tables, fishing, canoe/kayak launch to Merrymeeting River.

- Liberty Tree Park – Located at 65 & 67 Frank C Gilman Hwy (Rte 140, behind Central Fire Station) ~ Tennis courts with Pickleball court lines, basketball courts, sand volleyball court, skateboard park, slide and swings, benches, picnic tables, canoe/kayak launch to Merrymeeting River, seasonal drinking water.

- B&M Railroad Park – Located at 13 Depot Street (behind Town Hall) ~ Toddler playground, wetlands boardwalk, horseshoe pit, bocce court, linked walking trail, picnic area, benches, historic train buildings and caboose.

- Ginny Douglas Park – Located on Main St at Old Wolfeboro Rd ~ Gazebo, flower gardens, benches, linked walking trail.



- Mt Major – Located on the west side of Mt Major Hwy (Rte 11) in West Alton ~ Part of the Belknap Mountain range; summit elevation is 1785'. Hiking to the summit on three marked trails from the trailhead parking lot on Rte 11. Mt Major Trail (blazed blue) is 1.5 miles to the summit and is a combination of logging road, ledges and steep scrambles. Brook Trail (blazed yellow) is 2.1 miles to the summit, and Boulder Loop (blazed orange) is 1.6 miles to the summit. Great view from the top. Winter snowmobile trails. Maintained by Society for Protection of NH Forests.

- Riley Road Beach – Located on Rte 11N at Riley Rd in West Alton ~ Access to Lake Winnepesaukee for swimming; deck, limited parking.

- Roberts Cove Road Beach – Located on Roberts Cove Rd (off Rte 28N) ~ Access to Lake Winnepesaukee for swimming; sand beach.

- Mike Burke Trail – Located on Avery Hill Rd at Alton Mtn Rd ~ One-mile loop trail in the Town forest. Hiking, snowshoeing, wildlife.

- Knight's Pond Conservation Area – Located on Rines Rd (off Rte 28N) in East Alton ~ 3.6-mile loop trail managed by LRCT, NH Fish & Game and local landowners. 31-acre pond, hiking, canoe/kayak access, fishing, snowshoeing, wildlife, boulder field.

- Trask Swamp and Fort Point Woods Conservation Area – Located on Fort Point Rd (off Chestnut Cove Rd) ~ Managed by LRCT. Hiking, snowshoeing, wildlife. Parking available.

- Gilman Pond Conservation Area – Located on Gilman's Corner Rd (off Rte 28N) in East Alton ~ Hiking trails and walking paths, fishing, canoe/kayak access.

- Cotton-Hurd Brook Woodland Preserve – Located on Chestnut Cove Rd (off Rte 28N) ~ 103-acre parcel maintained by LRCT. Well-marked trail system that crosses two streams. Brook Loop Trail (blazed blue) is 1.4 miles; Evans Loop Trail (blazed yellow) is 1.7 miles. Approximately one hour hike. Rock caves, stone walls, shaded woodlands, brooks.

- Quannippi Walking Trail – Starts at the Mt. Washington Boat Dock in Alton Bay, and ends at Liberty Tree Park. Follow 4" x 4" arrows for direction of the trail.





# REGISTRATION FORM

Creating Community  
Through People, Parks  
and Programs

PO Box 659, Alton, NH 03809 • 603.875.0109 • parksrec@alton.nh.gov • www.alton.nh.gov

Please complete ALL information legibly. Full payment is due at the time of registration. Checks should be made payable to "Town of Alton" and mailed to PO Box 659, Alton, NH 03809 or dropped off at the Alton Parks and Recreation office located at 328 Main Street (AVAS Public Park) on Route 11 across from Levey Park. Please do not send cash.

### Parent/Guardian or Adult Participant Information

For youth registration, please provide both parent/guardian names, addresses, phone numbers and email addresses.

#### Parent/Guardian #1 or Adult Participant

#### Parent/Guardian #2

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Phone #s: Cell: \_\_\_\_\_ Day: \_\_\_\_\_  
Evening: \_\_\_\_\_

Phone #s: Cell: \_\_\_\_\_ Day: \_\_\_\_\_  
Evening: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Please add me to your email distribution list.

Please add me to your email distribution list.

### Emergency Notification and Medical Information

In case of emergency, please notify  Parent/Guardian #1 listed above or  Parent/Guardian #2 listed above. Alternate contact is:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Please list all others authorized for youth pick-up: \_\_\_\_\_

Please indicate hospital preference: \_\_\_\_\_  Check here for no hospital preference

Doctor's name: \_\_\_\_\_ Doctor's office phone: \_\_\_\_\_

Please list any allergies, limitations or accommodations needed: \_\_\_\_\_

Please list medications your child is taking: \_\_\_\_\_

### Registration Information

\* n/a for adult registration

Participant Name	Gender	Date of Birth*	Grade Entering*	Activity Name	Cost
	<input type="checkbox"/> M <input type="checkbox"/> F				
	<input type="checkbox"/> M <input type="checkbox"/> F				
	<input type="checkbox"/> M <input type="checkbox"/> F				
	<input type="checkbox"/> M <input type="checkbox"/> F				

Please enclose a self-addressed, stamped envelope if you would like a receipt mailed to you

**TOTAL DUE:**

### Waiver and Release of Liability

Participation in this recreation program may involve risk of injury, including, but not limited to, sprains, strains, bruises, torn muscles, broken bones, eye and head injuries. As a parent, guardian or participant, I attest and verify that I have full knowledge of the risks involved, and that I am/my child is physically fit to participate in the program. In consideration for participation in the programs/activities listed, I hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims against the Town of Alton, Alton Parks and Recreation, its officers, agents, employees and volunteers, except in the case of their sole negligence, from all losses, injury, damages, fees and other expenses arising out of or in connection with participation in the program/activity. In addition, I give my permission for myself/my child to be treated by qualified medical personnel in the event that the emergency contact or parent/guardian listed cannot be reached at the phone numbers provided.

\_\_\_\_\_  
Signature (parent/guardian must sign for participants under 18)

\_\_\_\_\_  
Date